

Tim Gard, CSP, CPAE:
Program Summary



THE TAO OF HUMOR

123 Words

Maintaining balance in these hectic times is a challenge for all of us now and then, and stress-induced illness has become a recognized reality. In this full or half day workshop, Tim Gard CSP, CPAE provides participants with a fresh approach to stress-reduction by sharing his proven effective techniques which encourage teamwork, personal accountability and good-humor characteristics.

As a leading authority on the topic, Tim imparts the wisdom from his extraordinary experiences and unusual encounters. He reminds audience members of the essential perspectives and various approaches to diffusing frustration, aggravation and other negative elements which, if left untended, create significant loss in productivity.

Let Tim work with your group to awaken understanding, and sharpen ability to use humor's positive effects in the workplace.

102 Words

Maintaining balance in these hectic times is a challenge for all of us now and then, and stress-induced illness has become a recognized reality. In this full or half day workshop, Tim Gard CSP, CPAE provides participants with a fresh approach to stress-reduction by sharing techniques which encourage teamwork, personal accountability and good-humor characteristics.

A leading authority in stress-reduction through humor, Tim will show audiences how to diffuse frustration, aggravation and other negativities which, if left untended, can result in significant loss in productivity. Awaken understanding, and sharpen ability to use humor's positive effects in the workplace with Tim's Tao of Humor!

78 Words

In this full or half day workshop, Tim Gard CSP, CPAE provides participants with a fresh approach to stress-reduction by sharing techniques which encourage teamwork, personal accountability and good-humor characteristics.

A leading authority in stress-reduction through humor, Tim will show audiences how to diffuse frustration, aggravation and other negativities which, if left untended, can result in significant loss in productivity. Awaken understanding, and sharpen ability to use humor's positive effects in the workplace with Tim's Tao of Humor!

You are authorized to edit or re-write any of this material to meet printing and promotional needs, however, Tim Gard International requests the opportunity to approve any re-writes before final publication.
Thank you!

*Please contact your bureau with questions,
or to request additional information!*